Adventures Across The Third Dimension!

Gaining mystic power via altered states of consciousness is a multi-faceted game. Everybody knows the tricks when it comes to meditation, or drugs, or physical/psychological stress, or bathing yourself in eldritch and probably dangerous otherworldly sickly-green energies. But none of those are very **subtle**, are they?

Now, for subtle, you want an activity that's safe, easy to do and easy to **stop** doing. Extra points if it's possible to do it in public. Double points if the activity has an accepted symbolic resonance with 'new ways of seeing old things.'

Unrelatedly... man! Aren't these new 3-D glasses something else?

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